



INDIAN SCHOOL MUSCAT  
PO Box: 2470, Ruwi, P.C. 112  
Sultanate of Oman



ISM/PRN/073/2021-22

August 23, 2021

**CIRCULAR TO STUDENTS & PARENTS OF CLASSES IX TO XII  
VIRTUAL SESSIONS ON EXAMINATION READINESS & STRESS MANAGEMENT**

Dear Students & Parents,

Greetings from Indian School Muscat!

We are pleased to inform you that the school is organizing virtual sessions on **Examination Readiness and Stress Management** for the students and their parents of Classes IX to XII on the Zoom platform. The meeting link will be shared through the class teachers on the days of the session.

Parents and Students are requested to make use of this opportunity to equip themselves with the skills and strategies for the examination readiness and stress management. Please join the session with the student's full name and GR Number 15 minutes before the scheduled time.

Classes	Day & Date	Timings
IX & X	Monday, September 6, 2021	6:30 p.m.
XI & XII	Tuesday, September 7, 2021	6:30 p.m.

With Warm Regards

Dr Rajeev Kumar Chauhan  
Principal

